

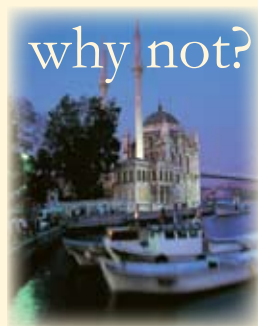
# Yoga Adventure Retreat: Turkey

when/where

Saturday March 24th — Sunday April 1st  
Ephesus, Cappadocia & Istanbul

what

9 days and 8 nights to tour mind, body and soul in Turkey



why not?

The promise is a journey into an ancient region of the world where Mother Nature worked her miracles, providing us with natural wonders that bring together the living elements of history, culture and art.

Daily yoga / Daily buffet breakfast / Private museum tours / Personal english speaking tour guide  
Daily private tours in the cities of Istanbul, Cappadocia & Ephesus

**\$2590** per person / double occupancy. **price** **\$300** deposit due before Dec. 17, 2011

Documents due Feb. 18 Orientation Party at Troy Tours office.

AIRFARE (international & domestic), 4-STAR HOTELS (Gamirasu, Charisma Deluxe, Hilton Doubletree),  
TOURS & FEES, DAILY BREAKFAST & TOUR LUNCHESES are included in this price.

ALL-INCLUSIVE, SPACE IS LIMITED, SO ACT SOON ON THOSE GOOD INTENTIONS.

enroll: email

**Troy Tours, Inc.**  
www.troytours.com

**Can Cetin**  
310-417-4977  
can@troytours.com



**downdogyoga**  
relax. breath. enjoy.

**Marla Wedge**  
www.downdogyoga.net

Call Can with ANY questions!!!  
CAN CETIN 310-417-4977  
Email: can@troytours.com

#### DAILY ITINERARY

Mar 24 Sat: Depart LAX @ 6:45PM for Izmir, Turkey

Mar 25 Sun: Arrive in Izmir, transfer to your hotel in Kusadasi. Remainder of the day is leisure

Mar 26 Mon: AM visit Ephesus, Selcuk Museum return to Kusadasi

Mar 27 Tue: AM transfer to airport for a short flight to Cappadocia. Upon arrival meet your guide, transfer to your hotel. Continue to your Cappadocia Valley Tour with lunch.

Mar 28 Wed: Full Day Cappadocia Valley Tour with lunch

Mar 29 Thr: AM Transfer to airport, flight to Istanbul, Upon arrival meet your guide.  
Full day private Istanbul city tour. Visit: Topkapi Palace, Blue Mosque, St Sophia & Grand Bazaar

Mar 30 Fri: Full Day Leisure

Mar 31 Sat: Full Day Leisure

Apr 01 Sun: Transfer to airport for the final departure arrive LAX @ 4:25PM

#### PRICING INCLUDES:

International air from LAX on Turkish airlines  
3 domestic flights in Turkey  
2 Nights at Gamirasu in Cappadocia [www.gamirasu.com](http://www.gamirasu.com)  
2 Nights at Charisma Deluxe in Kusadasi  
3 Nights at Hilton Double tree Istanbul

All private airport – hotel – airport transfers  
2 Full days private tours in Cappadocia with lunch  
Half day visit to Topkapi Palace in Istanbul with lunch  
Full Day private Istanbul tour with lunch  
Entrance fees to the venues  
English speaking professional guide throughout

NOT INCLUDED but desirable:  
Turkish Baths  
Grand Bazaar Shopping



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